



Kids Home Safe – Internet Safety Checklist

Simple Tools for Safer Kids Online

1. Device Protections

Turn on the built-in controls on your child's device for basic safety.

- ☐ Enable Apple Screen Time or Google Family Link.
- ☐ Require approval for app installs & purchases.
- ☐ Create child user accounts.
- ☐ Disable adult content in device settings.

2. Family Web Filters (DNS)

Choose ONE filter below to block adult content across your whole home.

- ☐ CleanBrowsing Family – 185.228.168.168 / 185.228.169.168
- ☐ Cloudflare Family – 1.1.1.3 / 1.0.0.3
- ☐ OpenDNS FamilyShield – 208.67.222.123 / 208.67.220.123

3. Home Wi-Fi Security

Secure your router so kids can't bypass protections.

- ☐ Change router password.
- ☐ Disable WPS.
- ☐ Create a guest network.
- ☐ Disable VPN passthrough (optional).

4. App-Level Monitoring

Choose ONE app for deeper monitoring inside TikTok, Snapchat, etc.

- ☐ Install Bark.
- ☐ Install Qustodio.
- ☐ Install Net Nanny.

5. Secure Consoles & TVs

Game consoles bypass filters—lock them down too.

- ☐ Enable parental controls.
- ☐ Disable adult content.
- ☐ Disable voice/text chat for young kids.
- ☐ Add purchase controls.

6. YouTube & Search Safety

Make YouTube & Google safer for kids.

- ☐ Enable YouTube Restricted Mode.
- ☐ Use YouTube Kids.
- ☐ Turn on Google SafeSearch.
- ☐ Disable incognito mode.

7. Location & Monitoring

Optional tools to help check in on your child's location.

- ☐ Enable Apple Find My.
- ☐ Enable Google Family Link location.
- ☐ Use Life360 (optional).

8. Family Rules

Simple rules help keep kids safe & consistent.

- ☐ Devices charge in common area.
- ☐ No new apps without permission.
- ☐ No chatting with strangers.
- ☐ No sharing personal information.

9. Teach “Stop – Save – Show”

A simple 3-step response if something bad happens online.

- ☐ STOP – Don't reply.
- ☐ SAVE – Screenshot it.
- ☐ SHOW – Bring it to a parent.

10. Parent Promise

Build trust so kids come to you when something goes wrong.

- ☐ Stay calm and supportive.
- ☐ Kids can always come to you without fear.